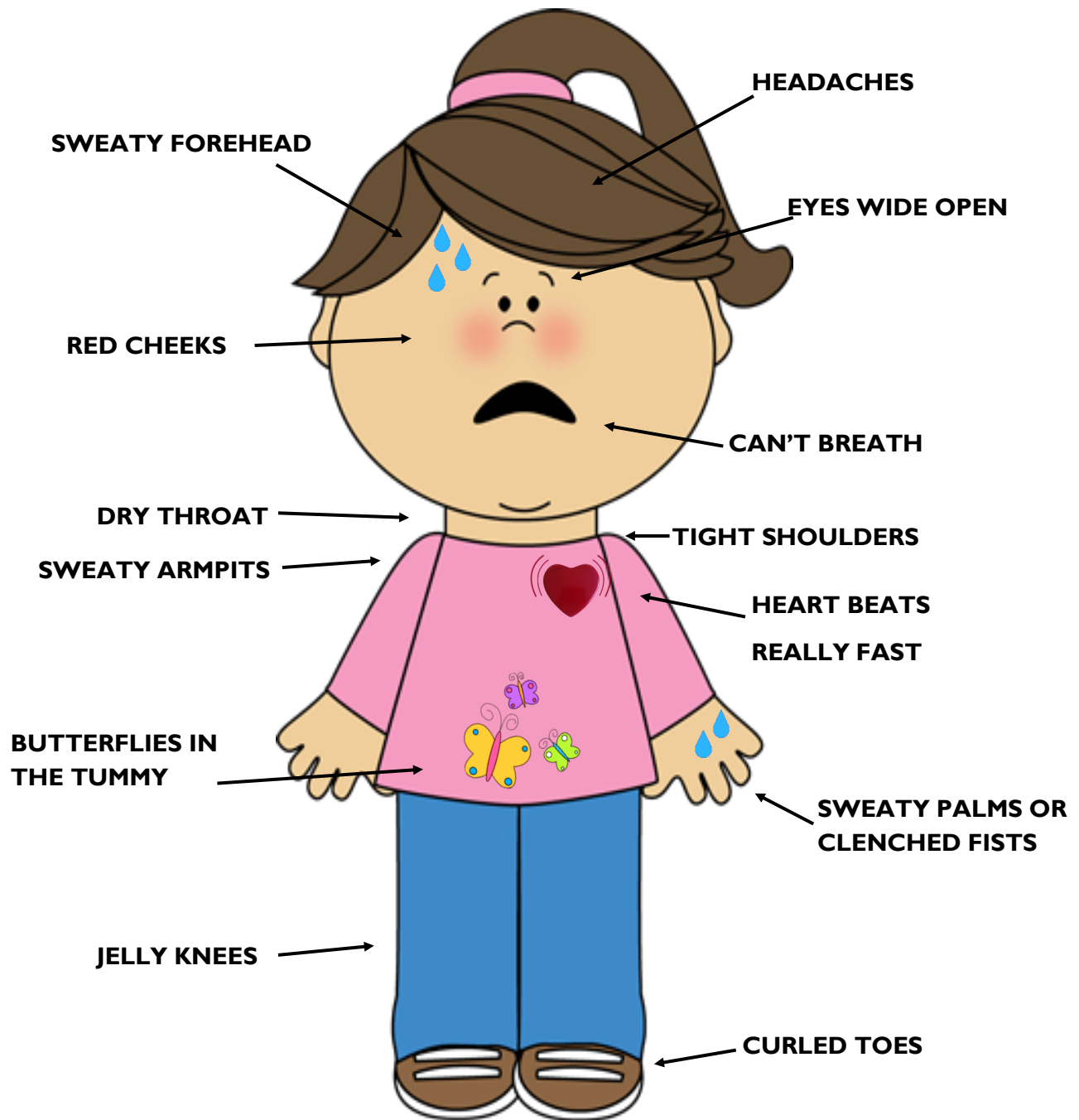


Early warning signs

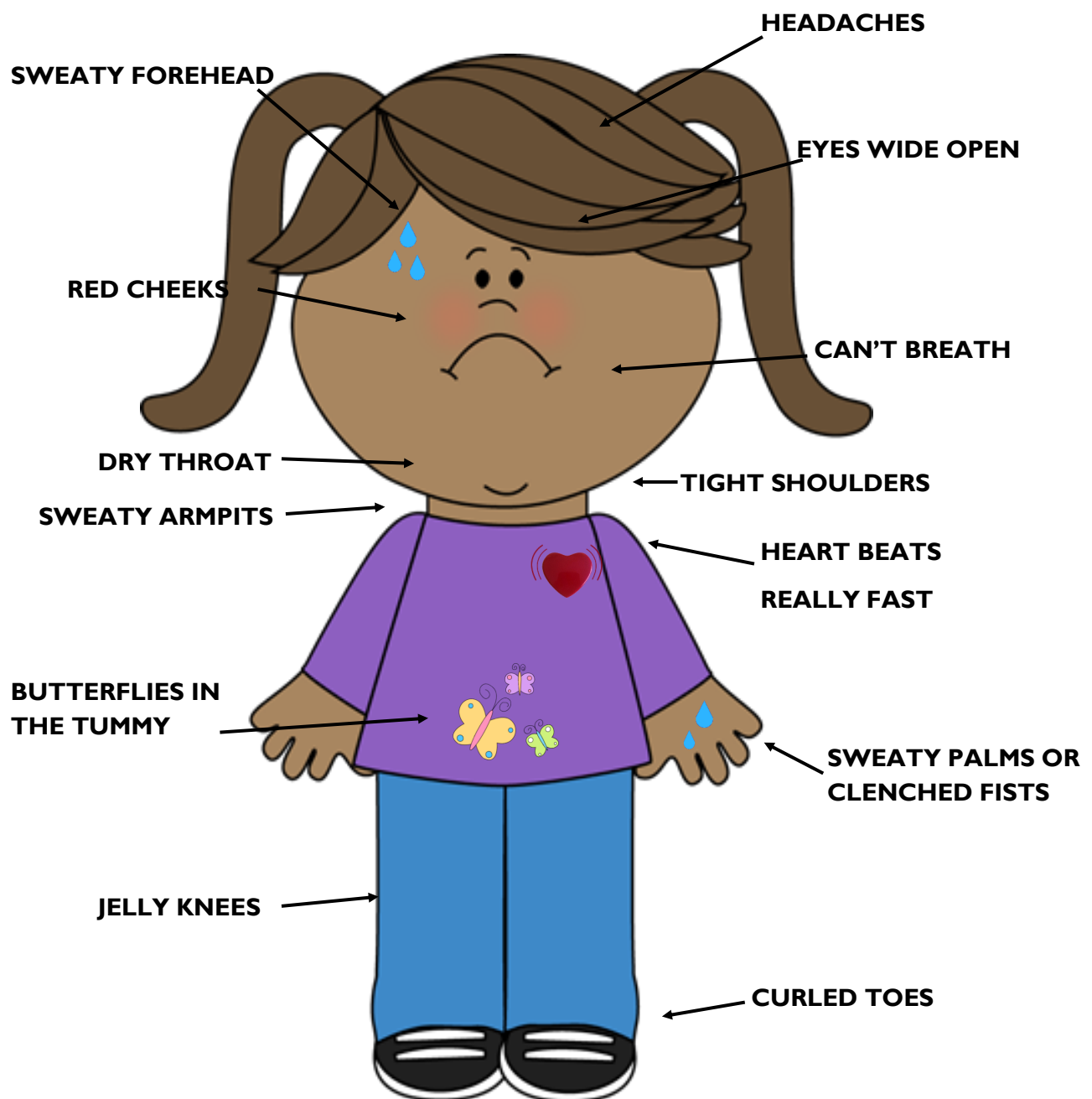
When you don't feel safe, your body will let you know in all kinds of ways. These are your early warning signs



**If you feel like this,
talk to someone from your network hand.**

Early warning signs

When you don't feel safe, your body will let you know in all kinds of ways. These are your early warning signs

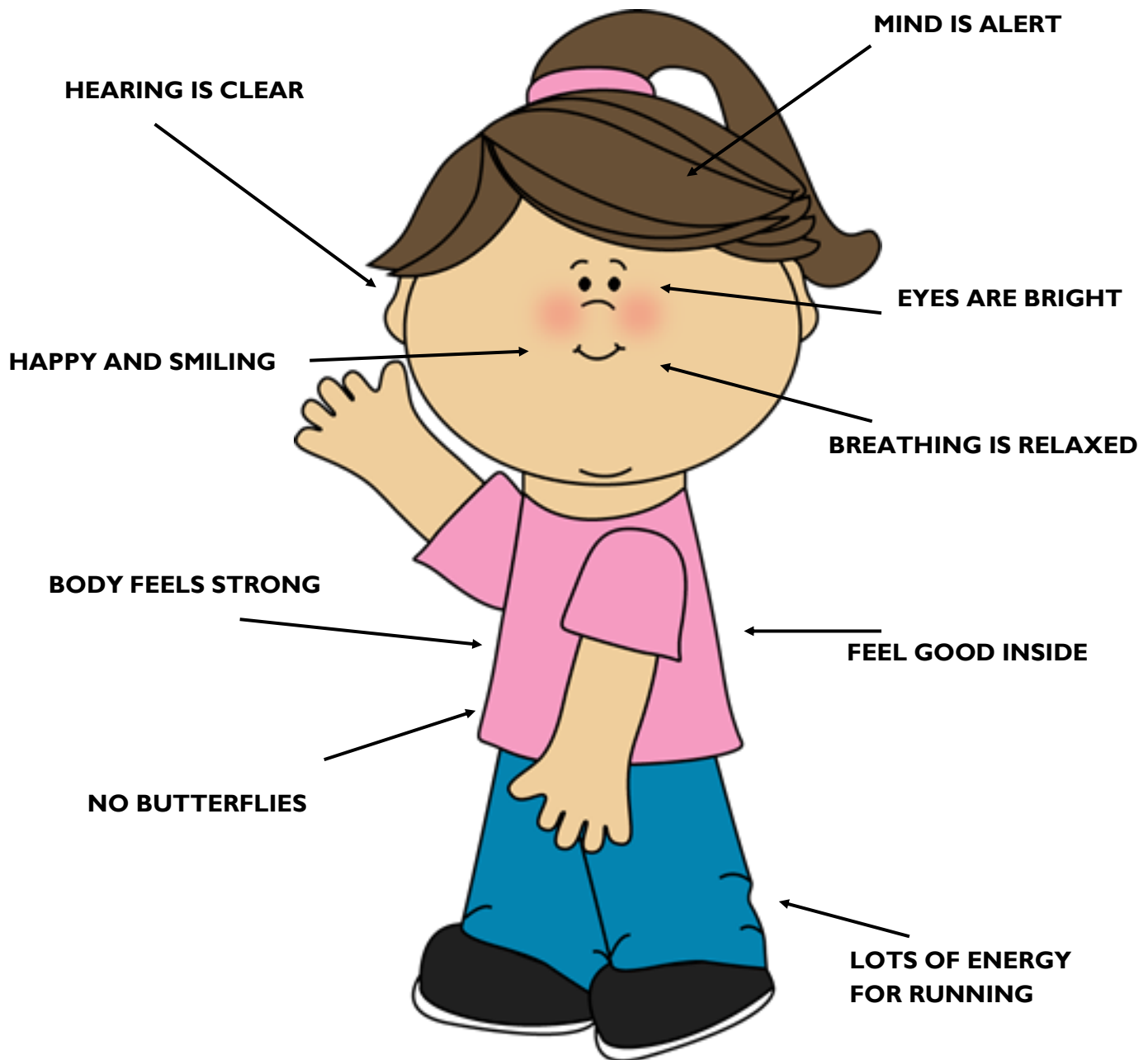


**If you feel like this,
talk to someone from your network hand.**

Feeling Safe

When you feel safe, you will feel happy and strong.

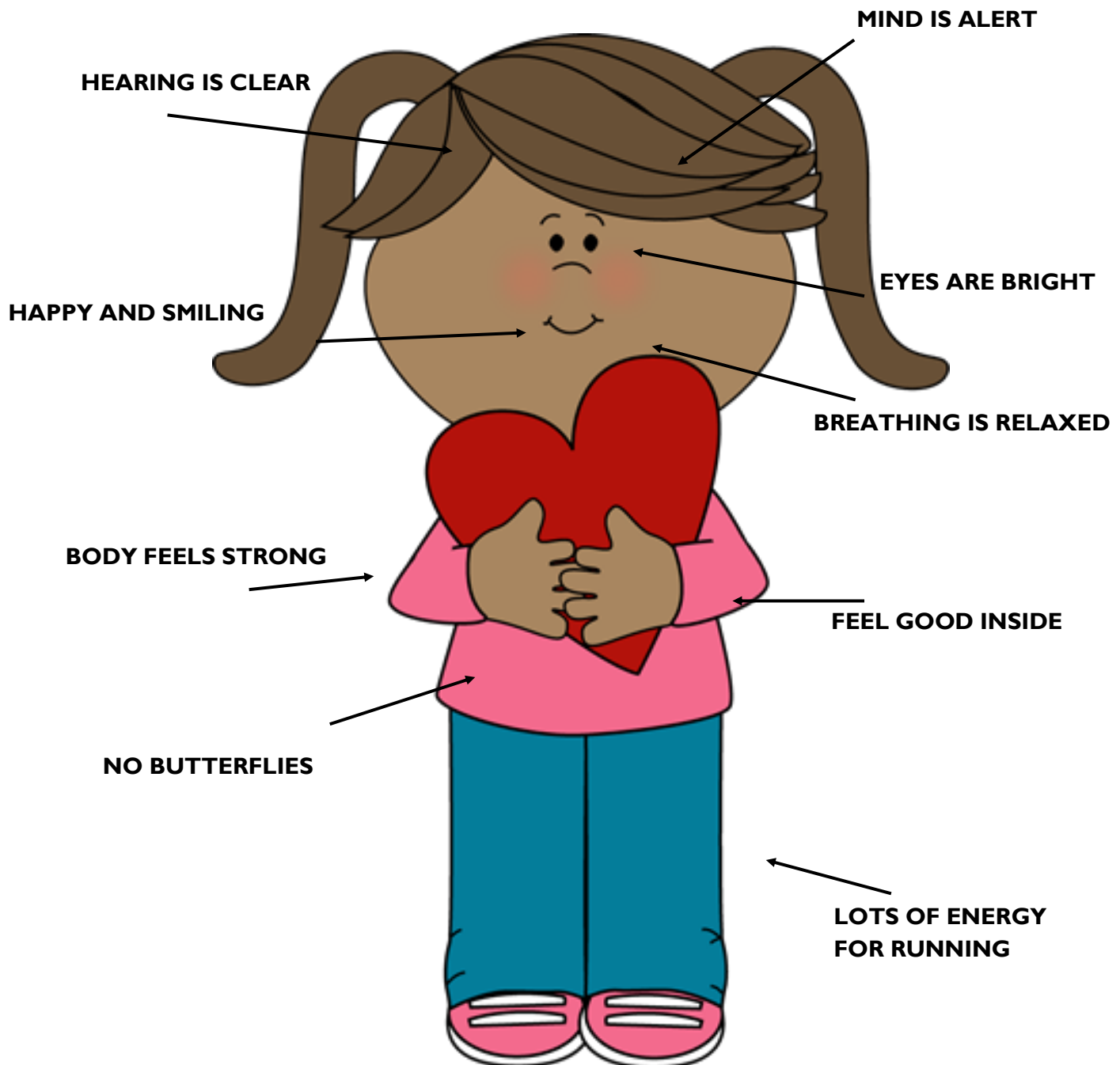
This is how you feel when you are safe.



Feeling Safe

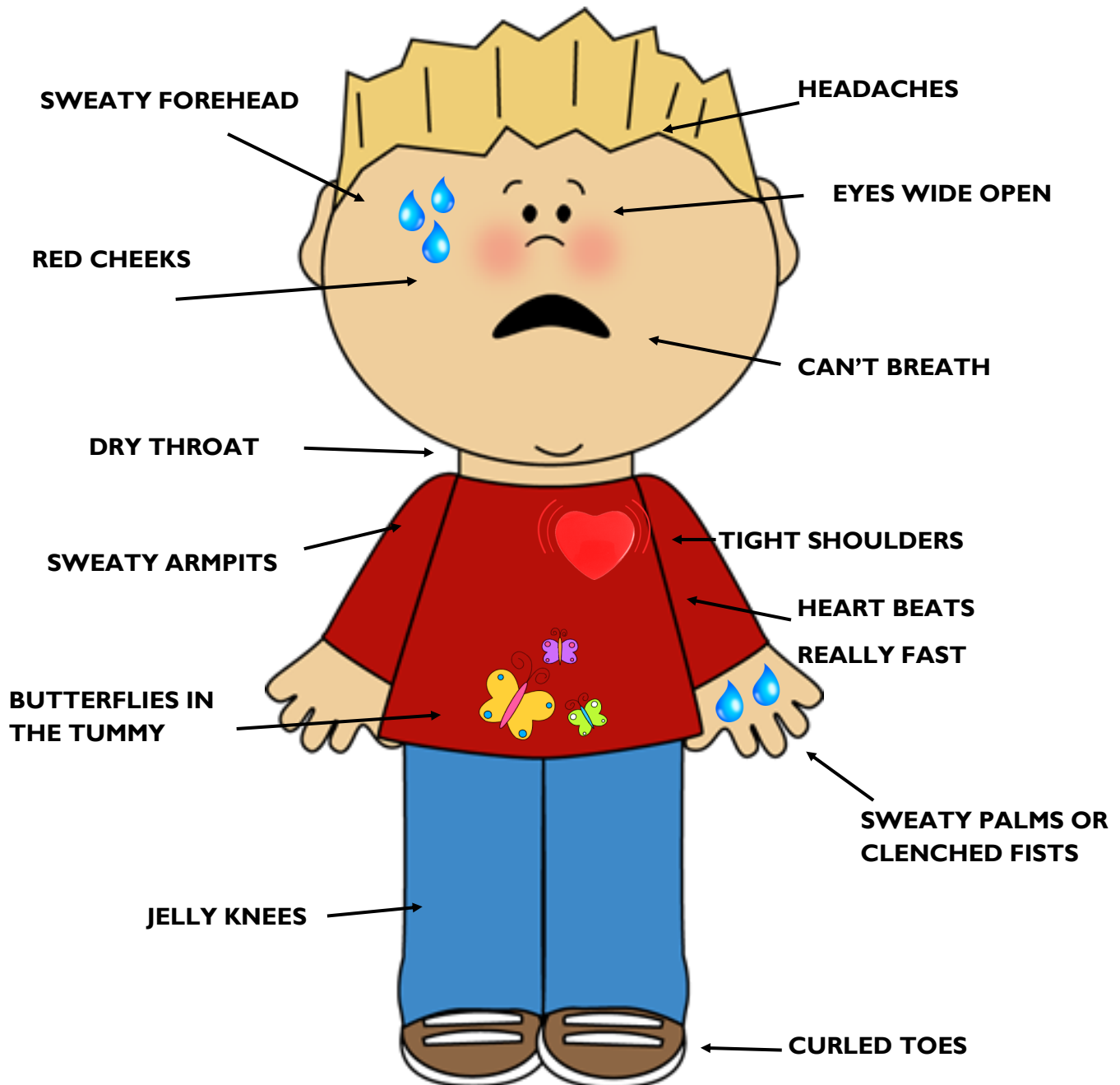
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Early warning signs

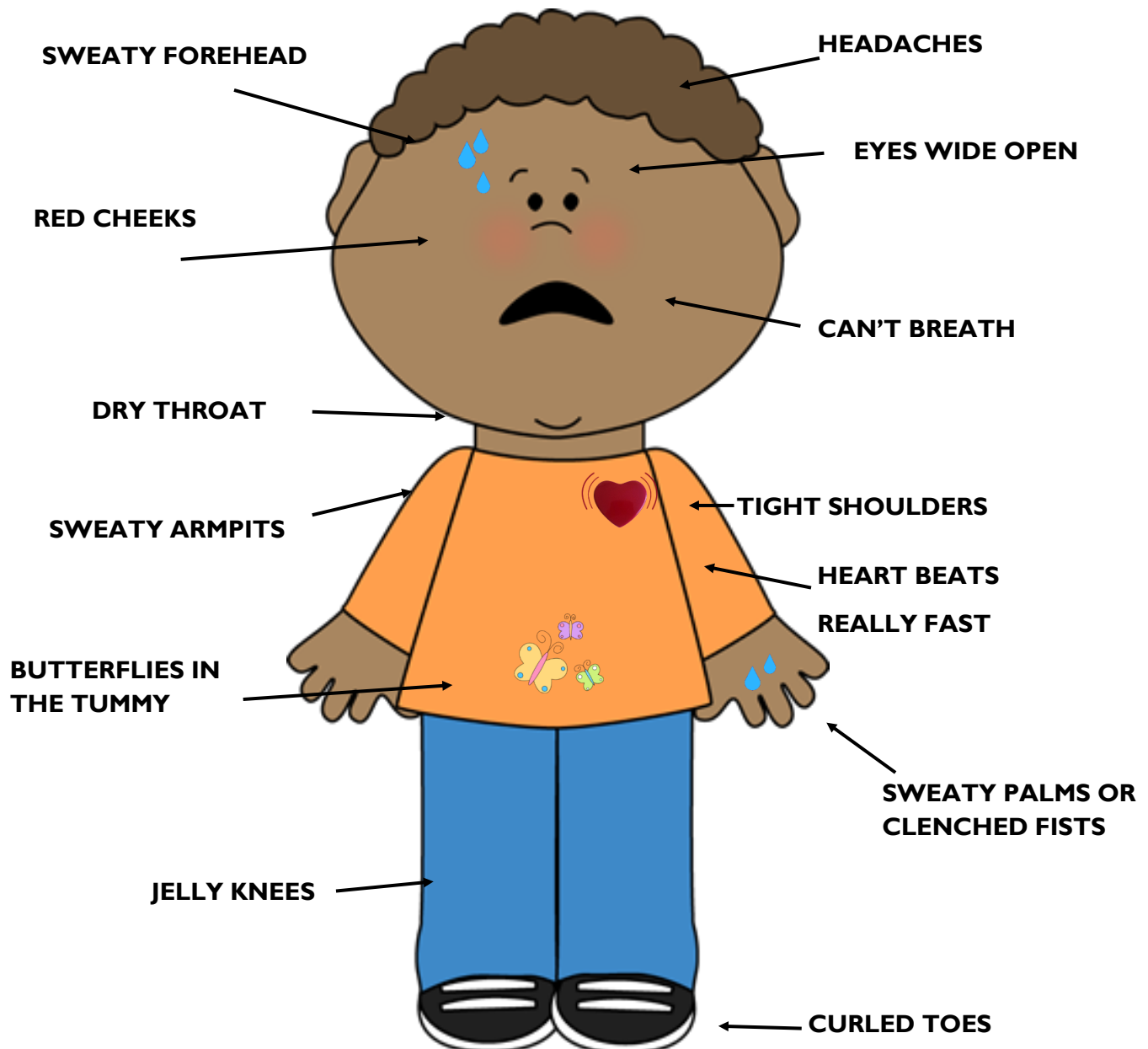
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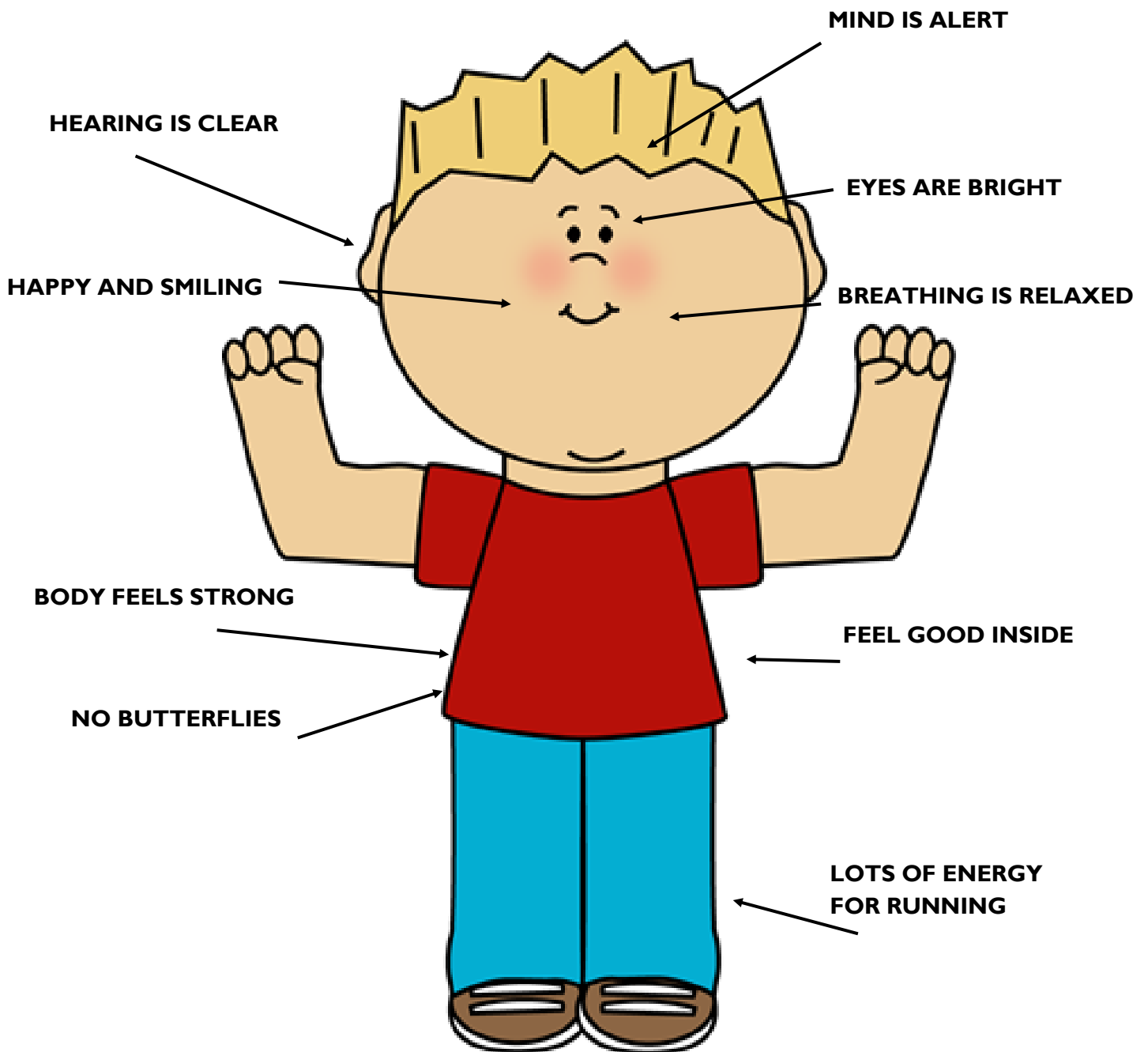


**If you feel like this,
talk to someone from your network hand.**

Feeling Safe

When you feel safe, you will feel happy and strong.

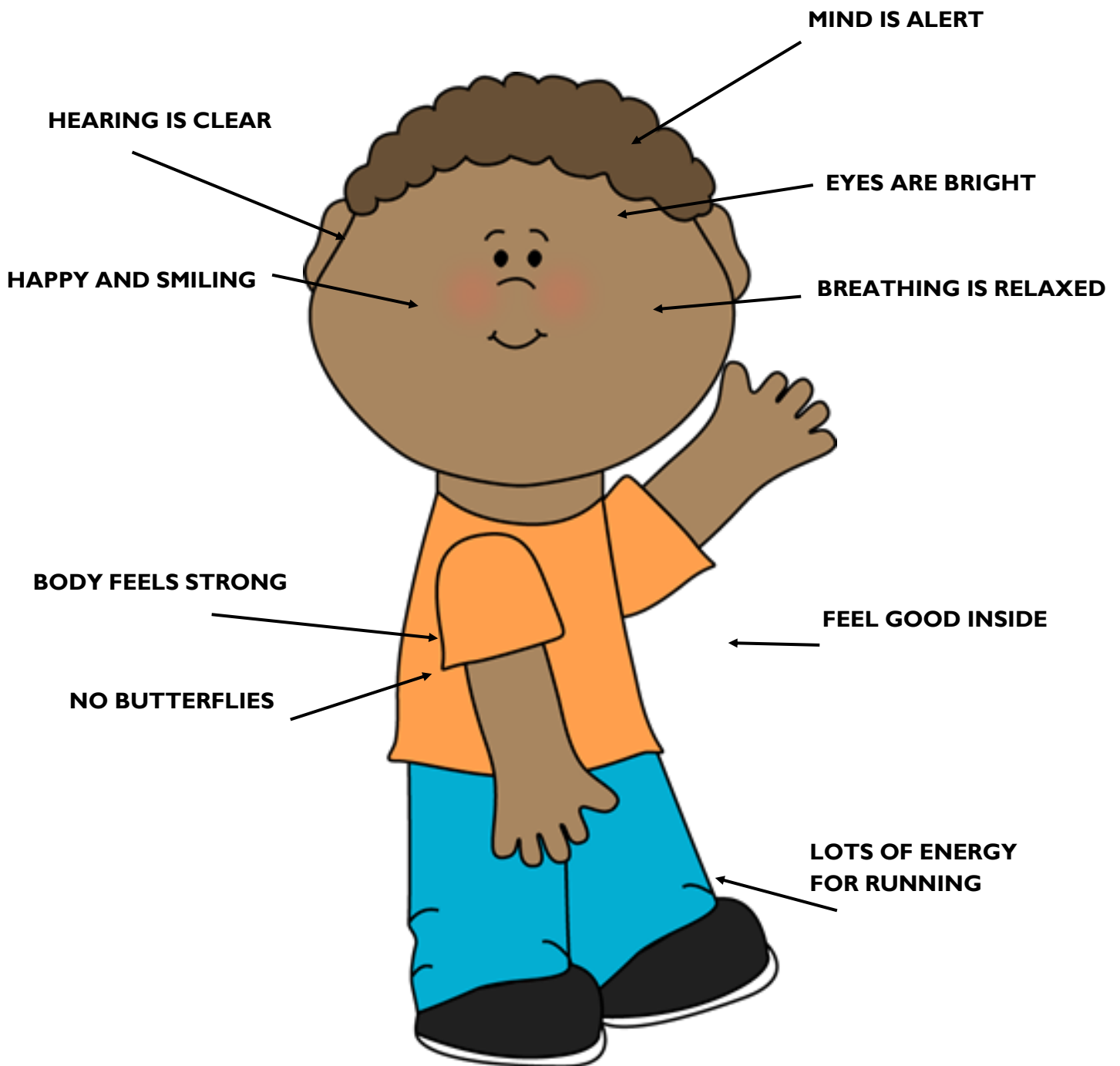
This is how you feel when you are safe.



Feeling Safe

When you feel safe, you will feel happy and strong.

This is how you feel when you are safe.



Feeling Unsafe

I know when I'm not safe. This is what I feel like.

My Head:

My Body:

My Arms and Hands:

My Legs and Feet:



Feeling Unsafe

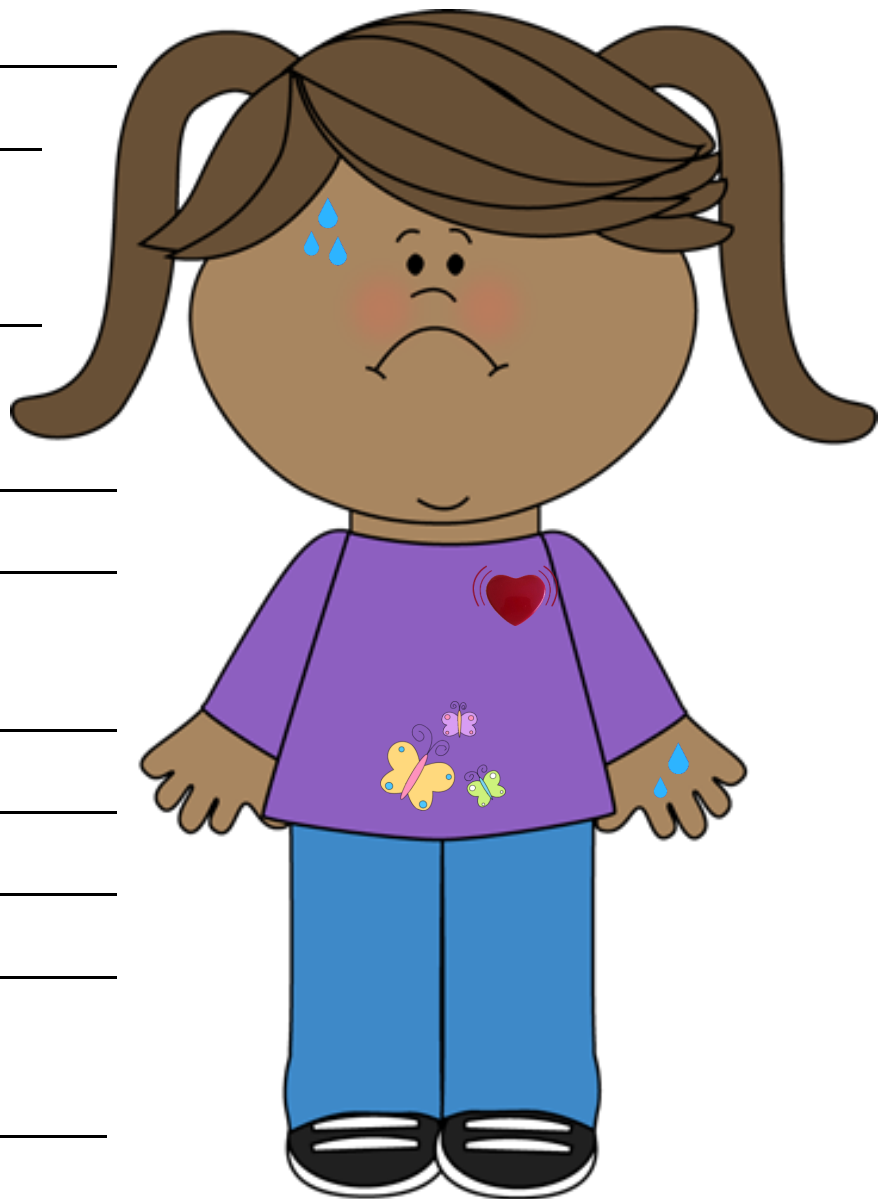
I know when I'm not safe. This is what I feel like.

My Head:

My Body:

My Arms and Hands:

My Legs and Feet:



Feeling Safe

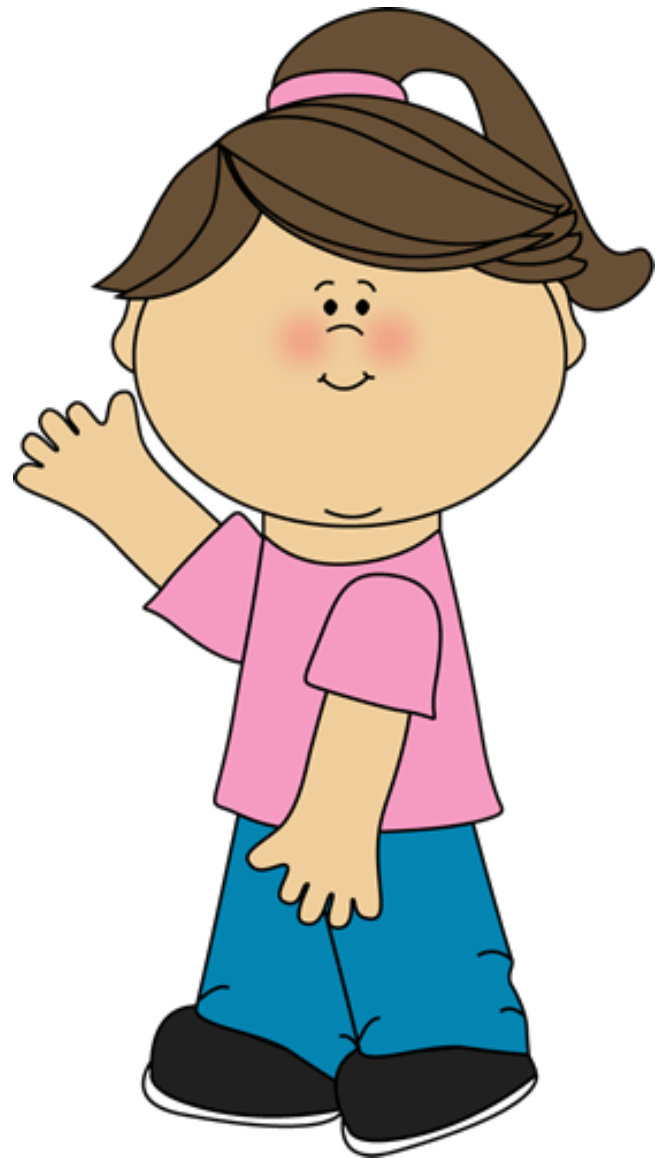
I know when I feel safe. This is what I feel like.

My Head:

My Body:

My Arms and Hands:

My Legs and Feet:



Feeling Safe

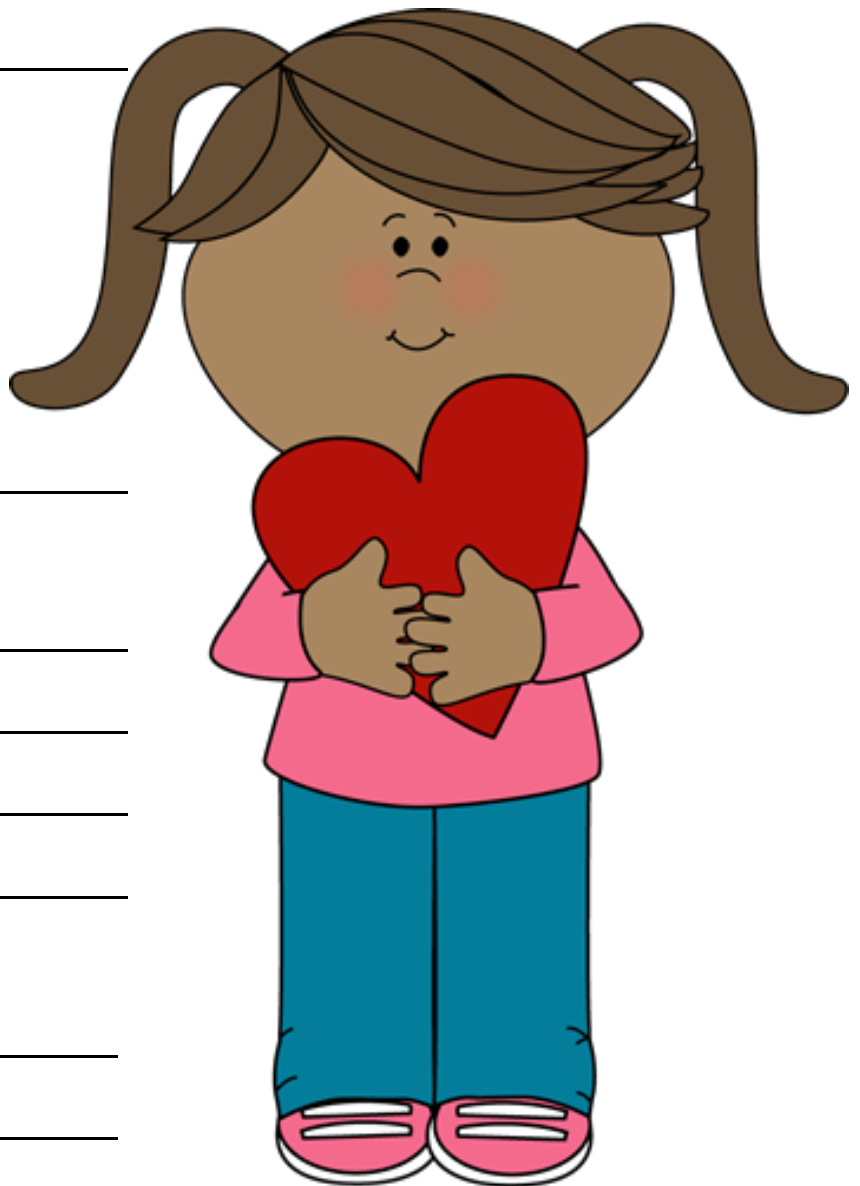
I know when I feel safe. This is what I feel like.

My Head:

My Body:

My Arms and Hands:

My Legs and Feet:



Feeling Unsafe

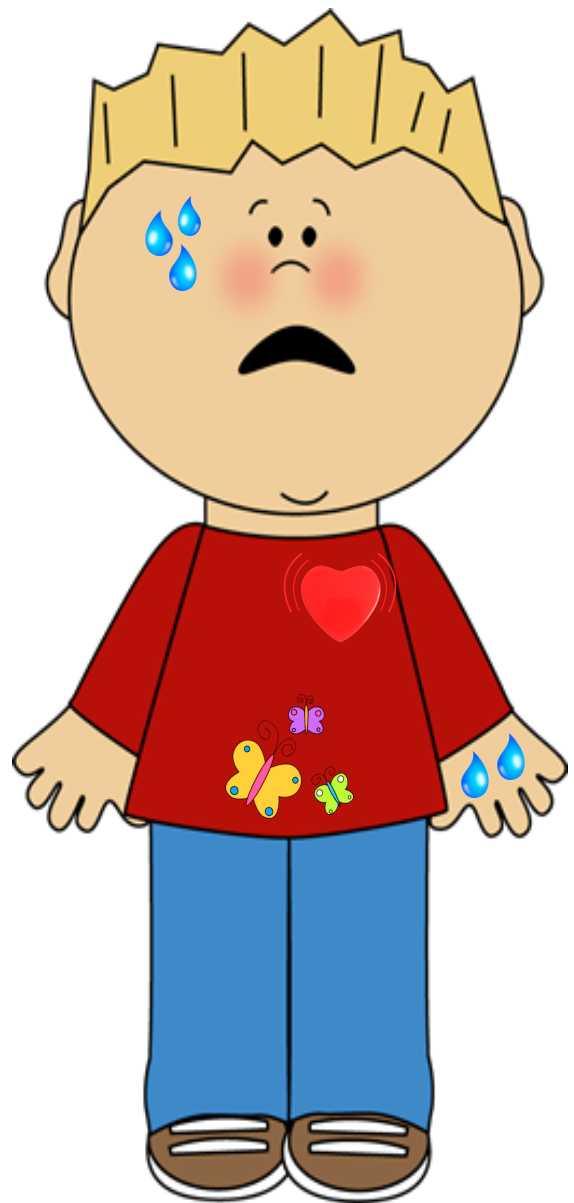
I know when I'm not safe. This is what I feel like.

My Head:

My Body:

My Arms and Hands:

My Legs and Feet:



Feeling Unsafe

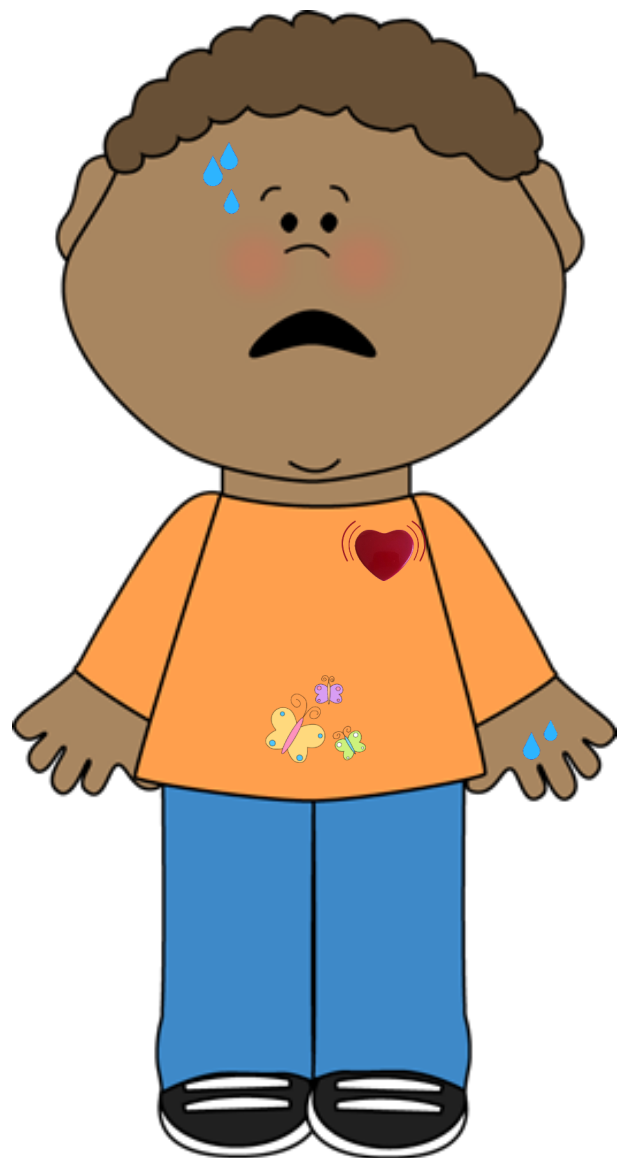
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